

# RLTC Weekly News

June 12th, 2019

## IN THIS ISSUE

Thursday BBQ, Player Evaluation, New Clinic Reminder

### BBQ

This Thursday Katie will be making tofu & chicken skewers, coconut rice and a summer salad. Whats a summer salad? Ask Katie, I still don't know.

As always, we ask that you sign up by **tonight** at **6PM** latest so that we can plan accordingly. Thank you for your cooperation.

### PLAYER EVALUATION

Our wonderful pro Miguel will be hosting a player evaluation clinic in the next week. This is a great way to figure out your level according to the Tennis Canada rating guide- <https://www.tenniscanada.com/wp-content/uploads/2015/12/Self-Rating-Guide-English.pdf>

Knowing your approximate level makes life easier when connecting with players or entering clinics & tournaments that require a certain level of play. We will message members with a time for this session later this week.

### NEW CLINIC REMINDER

We wanted to remind you that we have a new stroke clinic on Monday nights from **6-7PM** hosted by Miguel. Ask our front desk for the stoke focus of the week or to sign up. 613-749-5494.



### OUR THANKS

Thank you to **Paul Bernier** who continues to choose exciting wines for our club. Most recently, he has been volunteering his time painting and chipping away at our deck. What a guy.

Thanks to **Phil Anido & Paul Henry** who have also volunteered their time scraping.

Thank you Sponsors!

**Marilyn Wilson Dream Properties, Conway Baxter Wilson, Foundation WCPD, Warren Camacho, Elmwood School & Ashbury College**

### REGULAR PROGRAMS

#### Monday

- 10-11:30 AM- Round Robin

- 12-1 PM Tennis Topic of the Week with Miguel.

- 6-7 PM Tennis Topic of the Week with Miguel.

**Wednesday**

- 6-7:30 PM- Round Robin

**Thursday**

-6-8 PM- Weekly BBQ (Our first will be **May 30th** and continue weekly, weather permitting)

**Friday**

-10-11:30 AM- Round Robin

-12-1 PM- Cardio Tennis with Miguel

**Saturday**

-12:00-1:00- Cardio Tennis with Miguel

-1:00-2:00PM- Drop In Clinic

All the best,

Chris Hannant

**Contact Us**

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